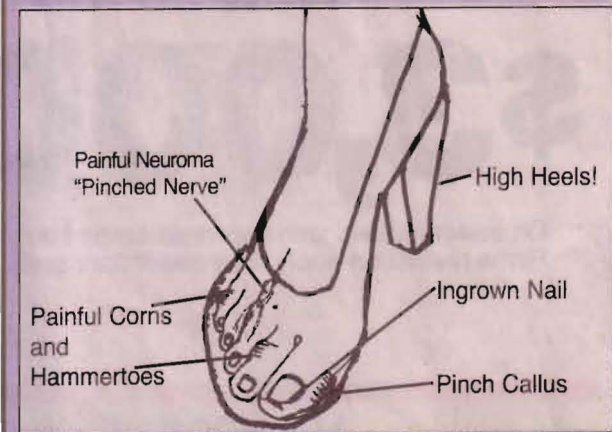


The Crowded Shoe Syndrome

Women and men often complain that their feet don't feel quite right in their dress shoes. But the torture and sacrifice continue just to satisfy the need to look right in that particular dress or suit. The most common ailments include the following maladies: The Pinch Callus, defined as callus tissue on the medial aspect of the great toe, with the toenail border that is ingrown as a result of shoe pressure.

The second most common problem is a corn associated with the little toe as well as a three callus formation on the outside of the nail called a Listers corn.

In the above mentioned maladies, it is very common to have a second toe that seems to hang over the shoe in women's high heel shoes, because it is too long and often has a hammertoe deformity along with a corn formation. As if this were not enough, you may experience tingling and numbness between the third & fourth toes. The culprit is a neuroma that results from crowding of the metatarsals, and is also increased pressure on the ball of the foot from wearing high heels.



I am Dr. Hilaire. With my innovative and minimally invasive techniques, I can correct the pathology of the Crowded Shoe Syndrome. With the quickest recovery time possible, you can be back on your feet in a matter of days not weeks! That's what I do!

Call me today for a free consultation,
812-478-5145.

DR. HILAIRE, DPM, CWS

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